

Get Active At The Library

Petersburg Public Library
201 West Washington St.
(804) 732-2387
www.ppls.org



Mondays

11:30am– Sit & Be Fit

5:00pm– Yoga

6:00pm– Me Too! Kids Fitness

Wednesdays

11:30am– Sit & Be Fit

5:00pm– Tai Chi

(Beginning December 5, 2018)

6:00pm–Fit It In

Thursdays

12:00pm– Caldwell’s Chair Dance

Fridays

12:00pm–Yoga



Come get answers about your health at the
HEALTHY LIVING AND LEARNING CENTER
PETERSBURG PUBLIC LIBRARY

